

Asian Powerlifting Records

CLASSIC MEN Senior

class	name	born	nation	bwt	result	date	location
SQUAT							
<u>59kg</u>	Lin Yi-Chun	1994	TPE	58.37	212.5	21.06.2017	World Classic, Minsk Belarus
<u>66kg</u>	Shibuya Yuki	1985	JPN	65.65	240.0	06.12.2018	Asia Classic, Ulaanbaatar / Mongolia
<u>74kg</u>	Higa Yoshihiro	1991	JPN	73.53	276.0	15.06.2018	World Classic, Calgary,Canada
<u>83kg</u>	Anuar Ulan	1993	KAZ	82.40	277.5	23.06.2017	World Classic, Minsk Belarus
<u>93kg</u>	Smagulov Yerlan	1994	KAZ	92.54	310.0	24.06.2017	World Classic, Minsk Belarus
<u>105kg</u>	Yang Sen	1994	TPE	104.40	310.0	26.06.2016	World Classic, Killeen USA
<u>120kg</u>	Golubev Vladimir	1986	KAZ	118.20	335.0	16.06.2013	World Classic, Suzudal RUS
<u>120+kg</u>	Maleki Mojtaba	1984	IRI	156.85	392.5	14.06.2015	World Classic, Salo Finland
BENCH PRESS (Three-Lift)							
<u>59kg</u>	Ebihara Takaharu	1980	JPN	58.70	140.0	04.06.2014	World Classic, South Africa
<u>66kg</u>	Hsieh Tsung-Ting	1982	TPE	63.40	165.0	04.06.2014	World Classic, South Africa *
<u>74kg</u>	Kodama Daiki	1979	JPN	72.40	211.5	29.04.2017	Sydney.Australia *
<u>83kg</u>	Galdan Orgilbold	1986	MGL	82.20	195.0	07.12.2018	Asia Classic, Ulaanbaatar / Mongolia *
<u>93kg</u>	Tsend-Ayush Otgondalai	1981	MGL	92.63	210.0	24.06.2017	World Classic, Minsk Belarus
<u>105kg</u>	Takeda Yusuke	1985	JPN	104.46	217.5	16.06.2018	World Classic, Calgary,Canada
<u>120kg</u>	Golubev Vladimir	1986	KAZ	116.00	210.0	14.12.2012	Asian Classic, Coimbatore IND
<u>120+kg</u>	Mao Chenyu	1989	HKG	138.38	235.0	19.08.2017	Asia International Classic / Hong Kong
DEADLIFT							
<u>59kg</u>	Alymbek uulu Azamat	1992	KGZ	58.87	240.5	09.06.2015	World Classic, Salo Finland
<u>66kg</u>	Kiuchi Yosuke	1996	JPN	65.20	280.0	06.12.2018	Asia Classic, Ulaanbaatar / Mongolia
<u>74kg</u>	Meiyanto Doni	1989	INA	70.55	310.5	11.12.2014	Asia/Oceania Classic, Melbourne / Aus
<u>83kg</u>	Anuar Ulan	1993	KAZ	82.40	325.0	23.06.2017	World Classic, Minsk Belarus
<u>93kg</u>	Tahmasebi Mehdi	1991	IRI	91.91	315.0	24.06.2017	World Classic, Minsk Belarus
<u>105kg</u>	Mostafa Yazdani Kachouei	1988	IRI	103.38	340.0	16.06.2018	World Classic, Calgary,Canada
<u>120kg</u>	Fedoryak Danil	1990	KAZ	116.50	330.0	08.12.2018	Asia Classic, Ulaanbaatar / Mongolia
<u>120+kg</u>	Semenets Sergey	1977	KAZ	147.10	335.0	16.06.2013	World Classic, Suzudal RUS
TOTAL							
<u>59kg</u>	Satake Yusuke	1996	JPN	58.92	560.0	05.12.2018	Asia Classic, Ulaanbaatar / Mongolia
<u>66kg</u>	Hsieh Tsung-Ting	1982	TPE	64.88	655.0	24.06.2016	World Classic, Killeen USA *
<u>74kg</u>	Marda Pavel	1990	KAZ	73.98	717.5	25.06.2016	World Classic, Killeen USA
<u>83kg</u>	Anuar Ulan	1993	KAZ	82.40	795.0	23.06.2017	World Classic, Minsk Belarus
<u>93kg</u>	Smagulov Yerlan	1994	KAZ	92.54	822.5	24.06.2017	World Classic, Minsk Belarus
<u>105kg</u>	Kuvambayev Zalim	1986	KAZ	104.90	840.0	26.06.2016	World Classic, Killeen USA
<u>120kg</u>	Golubev Vladimir	1986	KAZ	118.20	855.0	16.06.2013	World Classic, Suzudal RUS
<u>120+kg</u>	Mao Chenyu	1989	HKG	138.38	930.0	19.08.2017	Asia International Classic / Hong Kong
BENCH PRESS (Single-Lift)							
<u>59kg</u>	Karaman Abdulkarim	1994	KAZ	58.71	167.5	19.05.2018	World Classic Bench, Vantaa, Finland
<u>66kg</u>	Suzuki Yusuke	1984	JPN	64.64	175.0	07.12.2013	Asian Classic Bench, Quezon PHI
<u>74kg</u>	Kodama Daiki	1979	JPN	73.65	212.0	08.12.2017	Oceania Championships & Pacific Invitational 2, Changi / SIN
<u>83kg</u>	Suzuki Yusuke	1984	JPN	79.73	222.5	24.09.2018	Asian Bench,Dubai / United Arab Emirates
<u>93kg</u>	Tsoy Vyacheslav	1984	KAZ	89.60	233.0	24.09.2018	Asian Bench,Dubai / United Arab Emirates
<u>105kg</u>	Enkhubayar Sodnompiljee	1985	MGL	104.20	242.5	19.05.2018	World Classic Bench, Vantaa, Finland
<u>120kg</u>	Li Dimitry	1991	KAZ	110.00	226.5	24.09.2018	Asian Bench,Dubai / United Arab Emirates
<u>120+kg</u>	Mohammad Reza Jahangir	1989	IRI	161.15	252.5	21.05.2016	World Classic Bench, Potchefstroom RSA

EQUIPPED MEN Senior

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SQUAT								
<u>59kg</u>	Lin Yi-Chun	1994	TPE	58.08	265.0	28.08.2017	World Jr.Subj, Orlando USA	
<u>66kg</u>	Aryanta Viki	1994	INA	65.42	300.0	02.05.2017	Asian , Soreang,INA	
<u>74kg</u>	Mei Yanto Doni	1989	INA	73.70	331.0	03.05.2018	Asian,Udaipur India	*
<u>83kg</u>	Turakhanov Davranbek	1974	KAZ	81.35	337.5	10.11.2011	World, Pilsen CZE	
<u>93kg</u>	Myagmarsuren Galsaikhan	1988	MGL	92,56	360.0	16.11.2016	World, Orlando USA	
<u>105kg</u>	Kuvambayev Zalim	1986	KAZ	104.65	420.0	16.11.2017	World, Plzen / Czech Republic	
<u>120kg</u>	Yeshmakhonov Nurlan	1990	KAZ	116.16	417.5	18.11.2016	World, Orlando USA	
<u>120+kg</u>	Tien Chi-Sen	1994	TPE	121.11	400.0	02.09.2017	World Jr.Subj, Orlando USA	
BENCH PRESS (Three-Lift)								
<u>59kg</u>	Sasakura Michifumi	1978	JPN	58.50	182.5	07.12.2011	Asian , Kobe JPN	
<u>66kg</u>	Hsieh,Tsung-Ting	1982	TPE	65.00	221.5	05.11.2018	World, Halmstad / Sweden	
<u>74kg</u>	Otani Norihiro	1980	JPN	73.15	240.0	06.11.2018	World, Halmstad / Sweden	
<u>83kg</u>	Anuar Ulan	1993	KAZ	82.25	247.5	07.11.2018	World, Halmstad / Sweden	
<u>93kg</u>	Masahito Kitsui	1978	HKG	92.40	281.0	05.05.2018	Asian,Udaipur India	*
<u>105kg</u>	Khuder Enkhbold	1985	MGL	102.84	317.5	16.11.2017	World, Plzen / Czech Republic	
<u>120kg</u>	Bataa Chimedtseren	1990	MGL	119.47	317.5	13.11.2015	World,Hamm, Luxembourg	
<u>120+kg</u>	Atayev Ruslan	1979	TKM	149.30	275.0	09.12.2011	Asian , Kobe JPN	
DEADLIFT								
<u>59kg</u>	Awang Latiful	1987	INA	58.74	265.0	28.04.2014	Asian , Quezon, PHI	
<u>66kg</u>	Aryanta Viki	1994	INA	65.98	300.0	22.07.2015	Asian, Hong Kong	
<u>74kg</u>	Mei Yanto Doni	1989	INA	71.47	322.5	23.07.2015	Asian, Hong Kong	*
<u>83kg</u>	Anuar Ulan	1993	KAZ	82.31	342.5	15.11.2017	World, Plzen / Czech Republic	
<u>93kg</u>	Galuzinskiy Yevgeniy	1992	KAZ	86,09	345.0	28.08~2.09, 2012	World Jr.Subj, Szczyrk Poland	
<u>105kg</u>	Kuvambayev Zalim	1986	KAZ	104.65	340.0	16.11.2017	World, Plzen / Czech Republic	
<u>120kg</u>	Yeshmakhonov Nurlan	1990	KAZ	116.16	372.5	18.11.2016	World, Orlando USA	
<u>120+kg</u>	Tien Chi-Sen	1994	TPE	121.11	345.0	02.09.2017	World Jr.Subj, Orlando USA	*
TOTAL								
<u>59kg</u>	Lin Yi-Chun	1994	TPE	58.08	700.5	28.08.2017	World Jr.Subj, Orlando USA	
<u>66kg</u>	Hsieh,Tsung-Ting	1982	TPE	65.00	796.5	05.11.2018	World, Halmstad / Sweden	*
<u>74kg</u>	Prokopenko Andrey	1988	KAZ	73.22	832.5	15.11.2016	World, Orlando USA	
<u>83kg</u>	Anuar Ulan	1993	KAZ	82.31	915.0	15.11.2017	World, Plzen / Czech Republic	
<u>93kg</u>	Yarullin Ruslan	1982	KAZ	92,81	895.0	16.11.2016	World, Orlando USA	
<u>105kg</u>	Kuvambayev Zalim	1986	KAZ	104.65	1037.5	16.11.2017	World, Plzen / Czech Republic	
<u>120kg</u>	Yeshmakhonov Nurlan	1990	KAZ	116.16	1090.0	18.11.2016	World, Orlando USA	
<u>120+kg</u>	Tien Chi-Sen	1994	TPE	121.11	1005.0	02.09.2017	World Jr.Subj, Orlando USA	
BENCH PRESS (Single-Lift)								
<u>59kg</u>	Noda Toshihiko	1979	JPN	58.40	216.0	27.04.2018	World Bench, Potchefstroom, South Africa	
<u>66kg</u>	Fukuda Masashi	1984	JPN	65.75	250.0	27.04.2018	World Bench, Potchefstroom, South Africa	
<u>74kg</u>	Kodama Daiki	1979	JPN	73.08	300.0	21.05.2015	World Bench, Sundsvall Sweden	
<u>83kg</u>	Shokhanov Askar	1983	KAZ	81.45	311.0	28.04.2018	World Bench, Potchefstroom, South Africa	
<u>93kg</u>	Hasegawa Naoki	1992	JPN	92.30	307.5	27.05.2017	World Bench, Kaunas, Lithuania	*
<u>105kg</u>	Suyunshaliyev Arslan	1989	KAZ	103.90	344.0	28.04.2018	World Bench, Potchefstroom, South Africa	*
<u>120kg</u>	Bataa Chimedtseren	1981	MGL	119.00	362.5	09.09.2017	Asian Bench, Quezon, PHI	
<u>120+kg</u>	Bujinlkhamb Altangerel	1976	MGL	129.75	365.0	28.04.2018	World Bench, Potchefstroom, South Africa	*