

CLASSIC WOMEN Masters 3 (>60)

class	name	born	nation	bwt	result	date	location	
SQUAT								
<u>47kg</u>	Kikuri Hiroko	1949	JPN	46.64	80.0	19.06.2016	World Classic, Killeen USA	
<u>52kg</u>	Ishibashi Aiko	1953	JPN	48.51	87.5	06.06.2018	World Classic, Calgary,Canada	
<u>57kg</u>	Lin A-Yun	1945	TPE	54.6	80.0	24.06.2016	World Classic, Killeen USA	
<u>63kg</u>	Hayashi Hisako	1951	JPN	61.69	120.0	05.06.2015	World Classic, Salo Finland	
<u>72kg</u>								
<u>84kg</u>								
<u>84+kg</u>	Tendulkar Anuja	1958	IND	99.7	95.0	07.12.2018	Asia Classic, Ulaanbaatar / Mongolia	*
BENCH PRESS (Three-Lift)								
<u>47kg</u>	Kikuri Hiroko	1949	JPN	46.64	52.5	19.06.2016	World Classic, Killeen USA	
<u>52kg</u>	Ishibashi Aiko	1953	JPN	48.51	60.0	06.06.2018	World Classic, Calgary,Canada	
<u>57kg</u>	Fujinaga Hitomi	1956	JPN	56.35	69.0	21.07.2018	IPF International Classic,Hong Kong	
<u>63kg</u>	Hayashi Hisako	1951	JPN	61.69	70.0	05.06.2015	World Classic, Salo Finland	
<u>72kg</u>								
<u>84kg</u>								
<u>84+kg</u>	Tendulkar Anuja	1958	IND	99.7	60.0	07.12.2018	Asia Classic, Ulaanbaatar / Mongolia	*
DEADLIFT								
<u>47kg</u>	Kikuri Hiroko	1949	JPN	46.64	120.0	19.06.2016	World Classic, Killeen USA	
<u>52kg</u>	Ishibashi Aiko	1953	JPN	48.51	105.0	06.06.2018	World Classic, Calgary,Canada	
<u>57kg</u>	Lin A-Yun	1945	TPE	54.6	120.0	24.06.2016	World Classic, Killeen USA	
<u>63kg</u>	Hayashi Hisako	1951	JPN	61.69	135.0	05.06.2015	World Classic, Salo Finland	
<u>72kg</u>								
<u>84kg</u>								
<u>84+kg</u>	Tendulkar Anuja	1958	IND	99.7	112.5	07.12.2018	Asia Classic, Ulaanbaatar / Mongolia	*
TOTAL								
<u>47kg</u>	Kikuri Hiroko	1949	JPN	46.64	252.5	19.06.2016	World Classic, Killeen USA	
<u>52kg</u>	Ishibashi Aiko	1953	JPN	48.51	252.5	06.06.2018	World Classic, Calgary,Canada	
<u>57kg</u>	Fujinaga Hitomi	1956	JPN	56.35	259.0	21.07.2018	IPF International Classic,Hong Kong	
<u>63kg</u>	Hayashi Hisako	1951	JPN	61.69	325.0	05.06.2015	World Classic, Salo Finland	
<u>72kg</u>								
<u>84kg</u>								
<u>84+kg</u>	Tendulkar Anuja	1958	IND	99.7	267.5	07.12.2018	Asia Classic, Ulaanbaatar / Mongolia	*
BENCH PRESS (Single-Lift)								
<u>47kg</u>	Kikuri Hiroko	1949	JPN	45.9	52.5	08.12.2014	Asia/Oceania Classic, Melbourne / Aus	
<u>52kg</u>	Ishibashi Aiko	1953	JPN	48.51	60.0	06.06.2018	World Classic, Calgary,Canada	
<u>57kg</u>	Fujinaga Hitomi	1956	JPN	56.35	69.0	21.07.2018	IPF International Classic,Hong Kong	
<u>63kg</u>	Hayashi Hisako	1951	JPN	61.69	70.0	05.06.2015	World Classic, Salo Finland	
<u>72kg</u>								
<u>84kg</u>								
<u>84+kg</u>	Tendulkar Anuja	1958	IND	99.7	60.0	07.12.2018	Asia Classic, Ulaanbaatar / Mongolia	*

* pending

EQUIPPED WOMEN Masters 3 (>60)

class	name	born	nation	bwt	result	date	location
SQUAT							
<u>47kg</u>							
<u>52kg</u>	Omori Seiko	1951	JPN	49.20	145.0	06.12.2013	Asian, Quzon Philippines
<u>57kg</u>	Hatsuko Kimura	1951	JPN	53.40	155.0	05.12.2011	Asian, Kobe Japan
<u>63kg</u>	Hayashi Hisako	1951	JPN	58.20	137.5	05.12.2011	Asian, Kobe Japan
<u>72kg</u>							
<u>84kg</u>							
<u>84+kg</u>							
BENCH PRESS (Three-Lift)							
<u>47kg</u>							
<u>52kg</u>	Omori Seiko	1951	JPN	49.20	77.5	06.12.2013	Asian, Quzon Philippines
<u>57kg</u>	Omori Seiko	1951	JPN	54.92	72.5	03.05.2017	Asian , Soreang,INA
<u>63kg</u>	Hayashi Hisako	1951	JPN	60.69	85.0	21-27.09.2014	World Masters, Pilsen CZE
<u>72kg</u>							
<u>84kg</u>							
<u>84+kg</u>							
DEADLIFT							
<u>47kg</u>							
<u>52kg</u>	Hiroko Kikuiiri	1949	JPN	48.80	150.0	05.12.2011	Asian, Kobe Japan
<u>57kg</u>	Hatsuko Kimura	1951	JPN	52.88	175.0	26.09 ~ 01.10.2011	World Masters, st.Catharines CAN
<u>63kg</u>	Hayashi Hisako	1951	JPN	60.69	150.5	17.09.2014	World Masters, Pilsen CZE
<u>72kg</u>							
<u>84kg</u>							
<u>84+kg</u>							
TOTAL							
<u>47kg</u>							
<u>52kg</u>	Hiroko Kikuiiri	1949	JPN	48.80	350.0	05.12.2011	Asian, Kobe Japan
<u>57kg</u>	Hatsuko Kimura	1951	JPN	53.40	400.0	05.12.2011	Asian, Kobe Japan
<u>63kg</u>	Hayashi Hisako	1951	JPN	60.69	365.5	17.09.2014	World Masters, Pilsen CZE
<u>72kg</u>							
<u>84kg</u>							
<u>84+kg</u>							
BENCH PRESS (Single-Lift)							
<u>47kg</u>	Kikuiiri Hiroko	1949	JPN	45.90	52.5	2014	Asia/Oceania, Melbourne / Australia
<u>52kg</u>	Omori Seiko	1951	JPN	49.20	77.5	06.12.2013	Asian, Quzon Philippines
<u>57kg</u>	Nagao Yuko	1950	JPN	55.90	87.5	24.04.2018	World Bench, Potchefstroom, South Africa
<u>63kg</u>	Komi Yoshiko	1955	JPN	62.46	115.0	20~22.04.2012	World Master Bench, Aurora, USA
<u>72kg</u>	Sawa Chiyomi	1949	JPN	70.80	110.0	23.05.2017	World Bench, Kaunas, Lithuania
<u>84kg</u>	Sawa Chiyomi	1949	JPN	77.30	127.5	24.04.2018	World Bench, Potchefstroom, South Africa
<u>84+kg</u>							

* pending