

## CLASSIC WOMEN Masters 1 (>40)

class	name	born	nation	bwt	result	date	location	
<b>SQUAT</b>								
<u>47kg</u>	Tsuji Noriko	1964	JPN	46.40	100.0	19.06.2016	World Classic, Killeen USA	
<u>52kg</u>	Koykka Anita	1960	PHI	50.65	125.0	09.12.2014	Asia/Oceania Classic, Melbourne / Aus	
<u>57kg</u>	Tanaka Mariko	1974	JPN	53.96	125.0	20.06.2016	World Classic, Killeen USA	
<u>63kg</u>	Nazarenko Svetlana	1965	KAZ	61.95	125.0	14.06.2013	World Classic, Suzdal Russia	
<u>72kg</u>	<b>Mishra Ranjita</b>	1972	<b>IND</b>	69.75	122.5	<b>06.12.2018</b>	<b>Asia Classic, Ulaanbaatar / Mongolia</b>	*
<u>84kg</u>	Sujata Bhakat	1966	IND	76.25	100.0	13.12.2012	Asian Classic, Coimbatore India	
<u>84+kg</u>	Sampa Guha	1967	IND	88.30	157.5	13.12.2012	Asian Classic, Coimbatore India	
<b>BENCH PRESS (Three-Lift)</b>								
<u>47kg</u>	Nakada Yoshimi	1971	JPN	46.67	65.0	06.06.2015	World Classic, Salo Finland	
<u>52kg</u>	Furuya Noriko	1971	JPN	51.42	100.0	06.06.2015	World Classic, Salo Finland	
<u>57kg</u>	Teramura Mika	1962	JPN	53.50	65.0	13.06.2012	World Classic, Stockholm Sweden	
<u>63kg</u>	Nazarenko Svetlana	1965	KAZ	61.95	87.5	14.06.2013	World Classic, Suzdal Russia	
<u>72kg</u>	Ando Masako	1960	JPN	64.45	60.0	05.06.2015	World Classic, Salo Finland	
<u>84kg</u>	Sujata Bhakat	1966	IND	76.25	52.5	13.12.2012	Asian Classic, Coimbatore India	
<u>84+kg</u>	Sampa Guha	1967	IND	88.30	87.5	13.12.2012	Asian Classic, Coimbatore India	
<b>DEADLIFT</b>								
<u>47kg</u>	Tsuji Noriko	1964	JPN	45.90	125.0	05.06.2015	World Classic, Salo Finland	
<u>52kg</u>	Koykka Anita	1960	PHI	50.65	142.5	09.12.2014	Asia/Oceania Classic, Melbourne / Aus	
<u>57kg</u>	Tanaka Mariko	1974	JPN	53.96	145.0	20.06.2016	World Classic, Killeen USA	
<u>63kg</u>	Nazarenko Svetlana	1965	KAZ	61.95	165.0	14.06.2013	World Classic, Suzdal Russia	
<u>72kg</u>	<b>Mishra Ranjita</b>	1972	<b>IND</b>	69.75	140.0	<b>06.12.2018</b>	<b>Asia Classic, Ulaanbaatar / Mongolia</b>	*
<u>84kg</u>	<b>Chen Ming-Hui</b>	<b>1971</b>	<b>TPE</b>	<b>72.25</b>	<b>125.0</b>	<b>07.12.2018</b>	<b>Asia Classic, Ulaanbaatar / Mongolia</b>	*
<u>84+kg</u>	Sampa Guha	1967	IND	88.30	152.5	13.12.2012	Asian Classic, Coimbatore India	
<b>TOTAL</b>								
<u>47kg</u>	Tsuji Noriko	1964	JPN	45.90	282.5	05.06.2015	World Classic, Salo Finland	
<u>52kg</u>	Furuya Noriko	1971	JPN	51.42	362.5	06.06.2015	World Classic, Salo Finland	
<u>57kg</u>	Tanaka Mariko	1974	JPN	53.96	335.0	20.06.2016	World Classic, Killeen USA	
<u>63kg</u>	Nazarenko Svetlana	1965	KAZ	61.95	377.5	14.06.2013	World Classic, Suzdal Russia	
<u>72kg</u>	<b>Mishra Ranjita</b>	1972	<b>IND</b>	69.75	322.5	<b>06.12.2018</b>	<b>Asia Classic, Ulaanbaatar / Mongolia</b>	*
<u>84kg</u>	Sujata Bhakat	1966	IND	76.25	275.0	13.12.2012	Asian Classic, Coimbatore India	
<u>84+kg</u>	Sampa Guha	1967	IND	88.30	397.5	13.12.2012	Asian Classic, Coimbatore India	
<b>BENCH PRESS (Single-Lift)</b>								
<u>47kg</u>	Kobayashi Naoko	1970	JPN	45.40	92.5	15.05.2016	World Classic Bench, Potchefstroom RSA	
<u>52kg</u>	Furuya Noriko	1971	JPN	51.42	100.0	06.06.2015	World Classic, Salo Finland	
<u>57kg</u>	Ito Chiho	1974	JPN	55.75	82.5	15.05.2018	World Classic Bench, Vantaa, Finland	
<u>63kg</u>	Nazarenko Svetlana	1965	KAZ	61.95	87.5	14.06.2013	World Classic, Suzdal Russia	
<u>72kg</u>	Tokutake Emi	1964	JPN	71.04	100.0	22.04.2017	World Classic Bench, Killeen USA	
<u>84kg</u>	Tokutake Megumi	1964	JPN	78.18	105.0	16.05.2018	World Classic Bench, Vantaa, Finland	
<u>84+kg</u>	Ancheta Adeline	1973	PHI	109.10	120.0	13.12.2012	Asian Classic, Coimbatore India	

\* pending

## EQUIPPED WOMEN Masters 1 (>40)

class	name	born	nation	bwt	result	date	location	
<b>SQUAT</b>								
<u>47kg</u>	<b>Yukako Fukushima</b>	1970	<b>JPN</b>	46.20	190.0	<b>05.11.2018</b>	<b>World, Halmstad / Sweden</b>	*
<u>52kg</u>	Koykka Anita	1960	PHI	51.35	155.0	03.05.2012	Asian , Udaipur India	
<u>57kg</u>	Terada Yukie	1974	JPN	56.21	172.5	15.11.2016	World, Orlando USA	
<u>63kg</u>	Kitamura Mayumi	1967	JPN	62.72	207.5	31.10.2012	World, Puerto Rico	
<u>72kg</u>	Kitamura Mayumi	1967	JPN	65.55	205.0	05.12.2011	Asian, Kobe Japan	
<u>84kg</u>	Jasmi Jasmi	1976	INA	82.48	150.0	04.05.2017	Asian , Soreang,INA	
<u>84+kg</u>	Kato Midori	1971	JPN	88.74	200.0	05~07.10.2012	World Masters, Kileen USA	
<b>BENCH PRESS (Three-Lift)</b>								
<u>47kg</u>	Yukako Fukushima	1970	JPN	46.44	135.0	24.07.2017	World Games,Wroclaw,Poland	
<u>52kg</u>	Furuya Noriko	1971	JPN	51.55	98.0	2014	Asia/Oceania, Melbourne	
<u>57kg</u>	Ikeya Ayako	1969	JPN	56.55	110.0	05.12.2011	Asian, Kobe Japan	
<u>63kg</u>	Kitamura Mayumi	1967	JPN	62.85	173.0	16.11.2016	World, Orlando USA	
<u>72kg</u>	Mayumi Kitamura	1967	JPN	65.55	157.5	05.12.2011	Asian, Kobe Japan	
<u>84kg</u>	Jasmi Jasmi	1976	INA	82.48	100.0	04.05.2017	Asian , Soreang,INA	
<u>84+kg</u>	Guha Sampa	1967	IND	88.40	117.5	05.12.2011	Asian, Kobe Japan	
<b>DEADLIFT</b>								
<u>47kg</u>	<b>Yukako Fukushima</b>	1970	<b>JPN</b>	46.20	170.0	<b>05.11.2018</b>	<b>World, Halmstad / Sweden</b>	*
<u>52kg</u>	Koykka Anita	1960	PHI	51.35	165.0	03.05.2012	Asian , Udaipur India	
<u>57kg</u>	Anita Koykka	1960	PHI	55.46	182.5	27.04.2014	Asian, Quzon Philippines	
<u>63kg</u>	Kitamura Mayumi	1967	JPN	62.72	192.5	31.10.2012	World, Puerto Rico	
<u>72kg</u>	Kitamura Mayumi	1967	JPN	65.55	192.5	05.12.2011	Asian, Kobe Japan	
<u>84kg</u>	Bhagat Sujata	1966	IND	78.35	140.0	05.05.2012	Asian , Udaipur India	
<u>84+kg</u>	Kato Midori	1971	JPN	90.58	172.5	26.09 ~ 01.10.2011	World Masters, st.Catharines CAN	
<b>TOTAL</b>								
<u>47kg</u>	<b>Yukako Fukushima</b>	1970	<b>JPN</b>	46.20	495.0	<b>05.11.2018</b>	<b>World, Halmstad / Sweden</b>	*
<u>52kg</u>	Koykka Anita	1960	PHI	51.35	410.0	03.05.2012	Asian , Udaipur India	
<u>57kg</u>	Terada Yukie	1974	JPN	56.43	440.0	10.11.2015	World,Hamm, Luxembourg	
<u>63kg</u>	Kitamura Mayumi	1967	JPN	62.72	557.5	31.10.2012	World, Puerto Rico	
<u>72kg</u>	Kitamura Mayumi	1967	JPN	65.55	555.0	05.12.2011	Asian, Kobe Japan	
<u>84kg</u>	Jasmi Jasmi	1976	INA	82.48	390.0	04.05.2017	Asian , Soreang,INA	
<u>84+kg</u>	Kato Midori	1971	JPN	88.74	470.0	05~07.10.2012	World Masters, Kileen USA	
<b>BENCH PRESS (Single-Lift)</b>								
<u>47kg</u>	Yukako Fukushima	1970	JPN	46.44	135.0	24.07.2017	World Games,Wroclaw,Poland	
<u>52kg</u>	Kaori Nagaya-Shirakawa	1963	JPN	51.80	130.0	25~30.05.2011	World Bench, Soelden Austria	
<u>57kg</u>	Sakamaki Tomoko	1965	JPN	53.80	113.0	20~22.04.2012	World Master Bench, Aurora, USA	
<u>63kg</u>	Kitamura Mayumi	1967	JPN	62.85	173.0	16.11.2016	World, Orlando USA	
<u>72kg</u>	Mayumi Kitamura	1967	JPN	65.55	157.5	05.12.2011	Asian, Kobe Japan	
<u>84kg</u>	Sawa Chiyomi	1949	JPN	77.30	127.5	24.04.2018	World Bench, Potchefstroom, South Africa	
<u>84+kg</u>	Komatsu Mami	1969	JPN	107.84	125.0	20.04.2016	World Bench, Rodby / DENMARK	

\* pending